



Kentucky Youth Soccer Association

443 South Ashland Avenue, Lexington, Kentucky 40502

Voice: 859 268-1254 - Fax: 859 269-0545

Email: StateOffice@kysoccer.net

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Kentucky Youth Soccer Playing Rules – U9 & U10

Recommended Playing Rules - Small Sided Soccer Under 9 and Under 10 (7 v 7)

The State Board of Directors has approved the following Playing Rules to regulate play between member associations and their teams to be effective as of 9/1/2003.

Members may form teams in alternative formats for internal member play; however, all competitions shall be governed by the rules stated therein, unless the rules of a specific competition state otherwise:

- [Kentucky Youth Soccer Playing Rules – U5 & U6](#) - Recommended Playing Rules - Small Sided Soccer Under 5 and Under 6 (3 v 3)
- [Kentucky Youth Soccer Playing Rules – U7 & U8](#) - Recommended Playing Rules - Small Sided Soccer Under 7 and Under 8 (4 v 4)
- [Kentucky Youth Soccer Playing Rules – U9 & U10](#) - Recommended Playing Rules - Small Sided Soccer Under 9 and Under 10 (7 v 7)
- [Kentucky Youth Soccer Playing Rules – U11 & U12](#) - Recommended Playing Rules - Small Sided Soccer Under 11 and Under 12 (9 v 9)
- [Kentucky Youth Soccer Playing Rules – U13 & Above](#) - Recommended Playing Rules – Full Sided Soccer Under 13 and above (11 v 11)

The State Board of Directors has approved the following Rules of Competition for competitions sponsored by the State Association.

All teams playing in state sponsored or state approved inter-member competition must play as described within these playing rules and as described below.:

- [Snickers Cup Policies and Rules of Competition](#)
- [Eurosport Challenge Cup Policies and Rules of Competition](#)
- [Recreational Cup Policies and Rules of Competition](#)

Law I-The Field:

Dimensions: The field of play shall be rectangular, its length being not more than 70 yards nor less than 50 yards and its width not more than 50 yards or less than 35 yards. The length in all cases shall exceed the width.

U S Youth Soccer Recommendation:
Length 60 Yards Width: 40 Yards

Markings:



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- Coaching Areas shall be restricted to the areas along and a minimum of three (3) yards outside the touchlines. Coaches and assistant coaches must remain within 10 yards on either side of the half way line.
- Spectator Areas shall be restricted to the areas along and a minimum of three (3) yards outside the touchlines. No one shall be permitted directly behind the goal, or within four yards of the goal line; and
- No dangerous objects (cars, benches, chairs, etc.) shall be permitted within three (3) yards of the boundary lines of the field. Play shall not be allowed to begin or continue until this condition is met.
- Distinctive lines not more than five (5) inches wide.
- A halfway line shall be marked out across the field.
- A center circle with an eight (8) yard radius.
- Four corner arcs each with a two (2) foot radius.
- Goal area: six (6) yards from each goal post and six (6) yards into the field of play joined by a line drawn parallel with the goal line.
- Goals: Six (6) feet high and twelve (12) feet wide, up to seven (7) feet high and eighteen (18) feet wide.
- Penalty area: fourteen (14) yards from each goal post and fourteen (14) yards into the field of play joined by a line drawn parallel with the goal line.
- Penalty Spot: none required

Law II-The Ball:

Size four (4), FIFA approval not required

Law III-Number of Players:

Maximum number of players on the field at any one time is seven (7) including the goalkeeper.

The recommended maximum number of players on the roster should not exceed thirteen (13), ten (10) is strongly recommended. (If playing "Dual field" method roster size may be larger.)

Substitutions:

- at any stoppage of play by either team

Playing time: Each recreational player SHALL play a minimum of 50% of the total playing time

Teams and games may be coed.



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Law IV-Players Equipment:

- Jersey Numbers: Numbers are NOT required.
- Color Conflicts: Where colors of uniforms are similar, the home team must effect a change to colors, which are distinct from those of the opponent. In such cases, numbers are not required to be worn by the team effecting the change in uniform.
- Shin guards: Shin guards are mandatory for all players during all games and all practices.

Law V-The Referee:

- Registered referee/new referee program.
- Parent/Coach or assistant
- All rule infractions shall be briefly explained to the offending player.

Sportsmanship:

- After appropriate warning and refusal to comply with this warning, the Referee has the right to direct the coach and/or assistant coach to leave the area of play, should they, in the opinion of the Referee, be affecting the game.
- Unsportsmanlike conduct, harassment, or any other act directed toward the Referee will be

considered as affecting the game: If both coach and Assistant coach(es) are asked to leave the field of play after appropriate warning, the Referee shall suspend the game unless a responsible adult can assume coaching responsibilities;

- Should the spectators become unruly, the game will be stopped, opposing coaches and referees will consult and spectators will be asked to maintain order. If, in the opinion of the referee, order is not restored, the game will be terminated.
- A player or coach ejected from a game for any reason shall be suspended for one (1) additional game. The appropriate administrative body may take further disciplinary action.

Law VI-Linesman:

Use of parent or "club" linesmen recommended

Law VII-Duration of the Game:

The game shall be divided into two (2) equal halves of twenty-five (25) minutes each.

There shall be a half-time break of five (5) minutes.



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Law VIII-The Start of Play:

Conform to FIFA, with the following exception:

Opponent must be eight (8) yards from the center mark while kick-off is in progress.

Law IX-Ball in and Out of Play:

Conform to FIFA

Law X-Method of Scoring:

Conform to FIFA

Law XI-Off-Side:

There is no offside in small-sided games.

Law XII-Fouls and Misconduct:

Conform to FIFA with the following exception:

No cautions or ejections shall be issued to players except by an independent neutral referee.

Law XIII-Free Kicks:

Conform to FIFA with the following exception:

Opponents must be eight (8) yards away before kick is allowed.

Law XIV-Penalty Kicks:

Replace with indirect free kick.

Law XV-Throw-In:

Conform to FIFA with the following exception:

If the first throw-in is mistaken, the player should be instructed as to the mistake and given a second opportunity to take the throw-in.

Law XVI-Goal Kick:

Conform to FIFA

Law XVII-Corner Kick:

Conform to FIFA with the following exception:

Opponents must be eight (8) yards away from the ball.

Kentucky Youth Soccer Recommendations

- ◆ Competitive teams are permitted but not recommended.
- ◆ No team should travel for more than 250 miles for any competition.
- ◆ Coaches should have a minimum of an "USSF State E License", "USSF Youth Module II" or "NSCAA State Diploma".
- ◆ Coaches, Players and Parents must be familiar with and abide by the "State Code of Conduct" for all team activities.
- ◆ If awards are given, must be same for ALL- No trophies or awards just for best team.



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US Youth Soccer Recommendations

- ◆ Opposing parents/coaches and players should shake hands after each game.
- ◆ Parent/coaches, non-playing players and spectators should be there to enjoy and encourage the activity of the youngsters
- ◆ No alcoholic beverages will be consumed or allowed near the playing area.